



Join us starting Monday June 3rd from 6:30-8:00pm for a five week adult paddle program. The first trip will begin with a 15 minute paddle lesson, teaching four essential paddle strokes, boat safety, and balance followed by boat fitting. While on the water you will apply your new skills as we guide you in perfecting your strokes and exploring the local waters of Barrington. Each week we will tour a different pond, lake or river while focusing on new kayak skills.

To register please go the Town of Barrington Recreation website.

Barrington Recreation Adult Paddle Sessions Starting Monday June 3rd 6:30-8:00pm

Sessions one-three \$ 90 per person

Sessions one-five \$150 per person

Paddling Locations

June 3rd: Stonehouse Pond

June 10th: Mendum's Pond

June 17th: Swains Lake

June 24th: Pawtuckaway Lake

July 1st: Bow Lake

Our **mission** is to provide quality paddling instruction for children, adults, families, and mixed age groups using cutting edge experiential teaching techniques, in hopes to foster a deep love and life long attachment to paddle sports.